

Contents of How You Can Work Individually To Create a Successful Relationship

About This Report

IF YOUR PARTNER DOES NOT WANT TO WORK ON YOUR RELATIONSHIP BUT YOU DO, THIS IS A ROADMAP FOR CREATING INTIMACY

Preparing Yourself

1. Working Alone on a Relationship
2. You Don't Have to Be Right
3. Learn to Self-Soothe
4. Focus on What Works
5. Find Your Own Solutions
6. Develop Empathy for Your Partner
7. Practice Self-Care As Well As Other-Care
8. Develop Good Will
9. Loving Leadership
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About Vivian Baruch